

Have you set your vision for 2021?

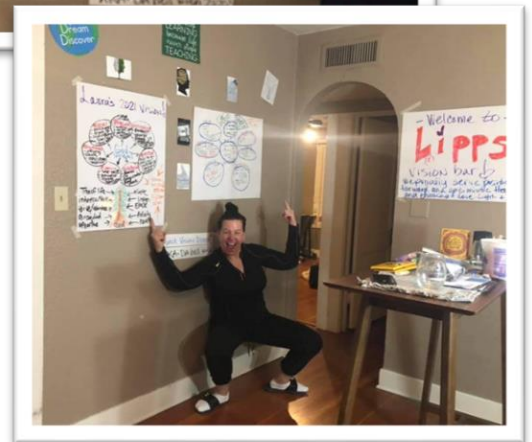


Let your eyes look directly forward, and gaze be straight before you. Prov 4:25

A Tale of Two Lauras!

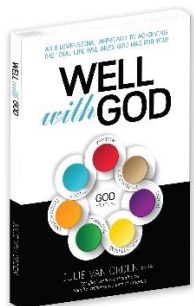
Inspired by a book with a multi-dimensional approach to achieving total life wellness, Phoenix school teachers Laura M. and Laura S. have put their 2021 goals on vision boards, posted them so their aspirations can be regularly impressed upon their minds and have committed themselves to mutual support.

The Lauras, aka L2, are no strangers to the value of putting a vision, goals and action plan on paper as an essential element to personal achievement. For 2021, they've added a booster shot to their plan, an eight-dimensional approach to achieving total life wellness in their pursuit for joy and well-being. As teachers they also plan to appropriately adapt the model for the classroom to help their students learn the value of setting goals, envisioning success and rallying behind each other through goal fulfillment and accomplishment.



Ready to set your vision?

READ ♦ SET ♦ DO ♦ RECEIVE



Trainer ♦ Mentor ♦ Speaker
jvanorden.com
julesvanorden@gmail.com
240.298.6089

THE 8 DIMENSIONS OF WELLNESS

-
- PHYSICAL
- FINANCIAL
- MENTAL
- ENVIRONMENTAL
- OCCUPATIONAL
- INTELLECTUAL
- SOCIAL
- SPIRITUAL